

CONTINUING EDUCATION



Fitness & Wellness

Ed2Go

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General Information

Continuing Education Non-Credit Enrollment is Open

Enrollment Information

There are 3 ways to enroll in Continuing Education non-credit classes.

• Online registration will be available. Go to www.nwfsc. edu/conted. On the Continuing Education page, click on the link for registration. Complete the form and submit. Continuing Education will finalize your registration and send you a copy of the class schedule and payment information. If accessing the class schedule online, you can click on the course name to access enrollment forms.

• In-Person: Enroll at these Northwest Florida State College Campus/ Centers – Niceville, Fort Walton Beach, Crestview, DeFuniak Springs and South Walton. Payment can be made by cash or check at these locations.

• Mail in registration is also available. Complete the enrollment form on page 14. Mail the form and a check to: Northwest Florida State College, Continuing Education, 100 College Blvd., Niceville FL 32578. After registration is completed, you will receive a copy of the class schedule and receipt for payment.

Canceled Classes

We may cancel a course because we did not know you planned to take it. Sometimes excellent courses with outstanding instructors are canceled when too many people wait until the last minute to enroll. Classes need a minimum number of students enrolled before a class will run.

In an effort to provide everyone with timely notification of class cancellations, registration for a course will be closed one week prior to the start date of that course.

A refund is given when the College cancels a course. Students will be notified in advance. The Northwest Florida State College Continuing Education Department reserves the right to cancel classes based on low enrollment or other causes. Northwest Florida State College reserves the right to add or delete without notice any courses offered, or to alter the fees or costs, as well as change the location and time classes meet.

Payment

By mail: Checks only, NWFSC Continuing Education, 100 College Blvd., Niceville FL 32578.

Credit Card: Log on to RaiderNet to pay with credit card (2.75% fee). You will need Student ID number and logon.

Please log on to RaiderNet at www.nwfsc.edu.

In person: Payments are accepted by check only at these NWFSC Campuses/Centers - Niceville, Fort Walton Beach, Crestview, DeFuniak Springs and South Walton.

Parking

All college students must display a parking permit in their vehicle when parking in designated parking areas during the fall and spring semesters. There is no charge for parking permits.

- Permits without expiration dates are valid indefinitely. Permits with expiration dates need to be replaced.
- To order a permit go to www.nwfsc.edu/parking. You can use your personal email address in the request form.

Raider Cards

Raider Cards are available at no charge. The benefits include: 1 ticket to each NWFSC Symphony performance and student produced shows, 1 ticket to each basketball, baseball & softball game, use of the LRC (library). They can be obtained at the Niceville and Ft. Walton Beach campuses, Crestview and DeFuniak Springs Centers. SUBJECT TO CHANGE. Please bring a copy of your schedule & receipt to show registration/payment.

Campus Maps

Campus maps are available at www.nwfsc.edu/campus-maps.

College Closure Dates

January 17 March 21 – March 27

Contact Information

100 College Blvd. East, Niceville, FL 32578 www.nwfsc.edu/ContEd

Continuing Education garzam4@nwfsc.edu

We are committed to continuing our program of Personal Enrichment and Fitness and Wellness classes in-person. In the event a class is moved to an on-line format for the health and safety of our instructors and participants or other unforeseen event, a student Zoom guide will be sent to all participants.



Personal Enrichment Courses ARTISTIC CORNER

Beginning Oil Painting Instructor: Jessica Mincy

This course is for artists that are beginning to explore the wonderful world of oil painting. Come enjoy a stress-free environment that encourages growth and exploration. We will learn the basics of how to mix paint to create a variety of colors and how to create values and contrast. You will learn different techniques to create your own style and learn how to make still life and landscapes. Supplies required: List available at <u>www.nwfsc.edu/ContEd</u>

March 19 – May 14, 2022 Saturdays, 4:30 p.m. – 6:30 p.m. Niceville, Bldg. 120, Room 512 Fee \$70 CRN 50122

New – Explore Drawing Instructor: Lesha Denega

This course is solely concerned with educating students in multiple methods of drawing in pencil and charcoal. Each lesson consists of explanation, instruction, and practice with techniques in class. Contouring, shading, hatching, and smudging will be taught along with other methods of 2-D marking using both still life and photographic reference. Supplies required: List available at www.nwfsc.edu/ContEd

January 11 – March 1, 2022 Tuesdays, 6:00 p.m. – 8:00 p.m. Niceville, Bldg. 310, Room 117 Fee: \$70 CRN 50089

January 13 – March 3, 2022 Thursdays, 6:00 p.m. – 8:00 p.m. Niceville, Bldg. 310, Room 117 Fee: \$70 CRN 50125

March 15 – May 10, 2022 Tuesdays, 6:00 p.m. – 8:00 p.m. Niceville, Bldg. 310, Room 117 Fee: \$70 CRN 50091

March 17 – May 12, 2022 Thursdays, 6:00 p.m. – 8:00 p.m. Niceville, Bldg. 310, Room 117 Fee: \$70 CRN 50126

Mosaics Magic: Stained Glass Mosaics Instructor: Dulcie Scalf

Learn the basics of stained glass art while creating your own stained glass mosaic for your home or garden. No copper foiling or soldering required. The art of stained glass mosaics is a truly unique way to color your world. You will learn about working with stained glass and leave with a finished project. Materials for each project will be provided.

January 12 – March 2, 2022 Wednesdays, 1:00 p.m. – 2:30 p.m. Niceville, Bldg. 330, Room 208 Fee: \$70 CRN 50113

New – Open Studio Instructor: Patti Overholt

This course is an opportunity for students or self-taught artists already working in: Acrylic, Water Mixable or Miscible Oils (NO traditional Oils), Watercolor, or any Drawing Medium to work alongside other artists. Students will bring their work and their own supplies. Experienced Art Educator will assist and encourage them in completing their work and discuss options, suggestions, and materials for new projects.

January 11 – February 1, 2022 Tuesdays, 10:00 a.m.- 1:00 p.m. Niceville, Bldg. 310, Room 117 Fee \$70 CRN 50118



FOOD & <u>ENTERTAINMENT</u>

Sugar Cookie Decorating Instructor: Sundy Keichel of Keichel Cookies

Have you always wanted to try decorating beautiful sugar cookies? Learn basic decorating techniques and take home 6 beautiful themed cookies when you join this course with local cookie decorator, Sundy Keichel. Class is designed for ages 12 and up and all cookies, decorating supplies, and a box to take home your creations will be provided. Class needs a minimum of 5 participants, so make sure to invite your friends and family.

January 29, 2022 – Valentine's Day themed cookies 10:00 a.m. – 12:00 p.m. Niceville, Bldg. 400, Room 133 Fee: \$50.00 CRN 50116

April 2, 2022 – Easter themed cookies 10:00 a.m. – 12:00 p.m. Niceville, Bldg. 400, Room 133 Fee: \$50.00 CRN 50117

New – Wine & Food Tasting Instructor: Chef Eggers & Chef Yeabower

Northwest Florida State College announces a mid-winter Taste & Learn Wine Event, to take place Tuesday, February 8th, from 5 to 6:30 p.m. This wine-and food-pairing event comprises tasting pours of six wines, each accompanied by an exquisite small plate prepared by Chef Eggers & Chef Yeabower.

February 8, 2022

5:00 p.m. – 6:30 p.m. Niceville, Bldg. 400, Raider Café Fee: \$65.00 CRN 50119

Menu*

Course I: Gruyere & Camembert Fondue, paired with: Lucien Albrecht Riesling Reserve Alsace 2018 **Course II:** Diver Scallops, Roasted Cauliflower, Capers, Lemon paired with: Erath Pinot Gris Oregon 2019 **Course III:** Sage-Butter Chicken, Prosciutto, Butternut Ravioli paired with: Rocca Delle Macie Sangiovese/Syrah Di Toscana Sasyr 2018

Course IV: Championones Al Ajillo (Spanish Garlic Mushrooms) paired with: Torres Tempranillo Coronas Catalunya 2016

Course V: Sous-vide Duck Breast, Pomegranate, Raspberry Gastrique, Roasted Cipollini Onions paired with: Guenoc Pinot Noir California

Course VI: Decadent Chocolate Lava Cake with Fior de Latte Gelato paired with: Gloria Ferrer Brut Private Cuvee Sonoma County

*Menu subject to change



MIG Welding (Wire) Instructor: Evan Thompson

MIG welding uses an electric arc to melt a wire electrode and fuse it with the base metal. This type of welding is relatively easy to learn since there is not much smoke or fumes. MIG welding is great for beginners and is perfect for making projects at home such as bar-b-que grills, metal art pieces and repairing metal yard furniture. Safety equipment is provided. Please wear closed toe, work boot style shoes.

April 9, 16, 23, and 30 Saturdays, 8:00 a.m. – 12:00 p.m. Niceville, Bldg. 560, Room 401 Fee \$225 CRN 50088

LANGUAGE & WRITING

Beginning Japanese Instructor: Hiromi Zeid

KONNICHIWA! Want to learn the Japanese language? This course introduces easy, basic Japanese, focusing on conversation, using the English alphabet (Roman letters) to express Japanese pronunciation. Each class consists practical, useful expressions for essential occasions such as greetings, shopping, sightseeing, dining out, or making Japanese friends as well as introducing Japan's culture and traditions. If you plan to travel to Japan or want to interact with Japanese native speakers, this course is a great first step

January 11 – March 1, 2022 Tuesdays, 5:30 p.m. – 7:30 p.m. Niceville, Bldg. 330, Room 204 Fee: \$70 CRN 50109

Advanced Japanese Instructor: Hiromi Zeid

This course is designed for the students who finished the Beginning Japanese course, or who already have basic Japanese skill and knowledge; and desire to continue learning speaking and listening to communicate with Japanese native speakers. The course will focus on developing vocabulary and useful expressions, and learning sentences using Japanese verbs, including the conjugation of verbs and idioms. The course will include basic reading and writing of the phonetic writing systems, HIRAGANA and KATAKANA; but the textbook will provide Roman letters (English alphabet) as well.

March 15 – May 10, 2022 Tuesdays, 5:30 p.m. – 7:30 p.m. Niceville, Bldg. 330, Room 204 Fee: \$70 CRN 50110



NEW – Becoming a Published Writer Instructor: Mark Zeid

Nothing compares to seeing your name as the byline for an article in print. Mark Zeid, with 30 years of free-lance journalism experience and mystery novelist, will show participants ways to get published. Topics include finding stories for articles and novels, how to write query letters, finding an agent, and the mechanics of writing articles and novels. This course focuses on ways to begin a writing career and becoming a published writer.

March 15 - May 10, 2022 Tuesdays, 5:30 p.m. – 7:30 p.m. Niceville, Bldg. 330, Room 203 Fee: \$50 CRN 50131

NEW – Improve Your Writing Instructor: Mark Zeid

Join free-lance journalist and mystery novelist, Mark Zeid, for practical and easy ways to improve your writing. Topics include not only grammar, but common mistakes people make in business and academic writing. Furthermore, Mark will offer individually tailored advice to participants on their writing skills and how to improve them. This course is designed for anyone wishing to improve their written communication skills.

January 11 - March 1, 2022 Tuesdays, 5:30 p.m. – 7:30 p.m. Niceville, Bldg. 330, Room 203 Fee: \$70 CRN 50130



NEW – 28 Ways to a Better You Instructor: Tolliny Rankins, Th.D.

This insightful and uplifting class will help you understand the necessity and benefits of self-care, connecting you to others and re-connecting with yourself. This course will provide you with new ways to enjoy life more and strategies for daily improvement. The 28 Ways to a Better You companion guide will be sold in class for \$15. Tolliny Rankins is a Certified Life Coach, Consultant, Author and Adjunct Professor.

January 12 – March 2, 2022 Wednesdays, 10:00 a.m. – 12:00 p.m. Niceville, Bldg. 310, Room 117 Fee: \$60 CRN 50129

CHAUTAUQUA CENTER

Digital Photo I: The Fundamentals and Creative Elements of Digital Photography Instructor: Jacqueline Ward

Learn the fundamental concepts for making beautiful photographs. This course is designed for beginning photographers, who enjoy shooting and want more creative freedom with their DSLR camera and want to take better photographs by knowing your Apertures (f/stops), ISOs and Shutter Speeds, Exposure, basic do's and don'ts in picture taking, and simple rules of composition...

January 14 – March 4, 2022 Fridays, 1:00 p.m.- 3:00 p.m. DeFuniak Center, Bldg. 500, Room 154 Fee: \$60 CRN 50093

March 18- May 13, 2022 Fridays, 1:00 p.m. – 3:00 p.m. DeFuniak Center, Bldg. 500, Room 154 Fee: \$60 CRN 50096

<u>SCIENCE</u>

Astronomy

Instructor: Tom Haugh

Have you ever wondered what that 'star' is in the evening sky? Join a NASA Solar System Ambassador in exploring the solar system and beyond. Learn how to navigate the night sky and identify the objects that you see. Discussion will cover the solar system as well as celestial objects such as constellations, nebulae, star clusters and galaxies. We will also cover the language of Astronomy from appulse to syzygy to zenith. This class combines classroom lecture and, weather permitting, outside observation.

February 7, 14, 21 and 28, 2022 Mondays, 6:00 p.m. – 9:00 p.m. Niceville, Bldg. 750, Observatory Fee \$80 CRN 50132

NEW – Astronomy II Instructor: Tom Haugh

We will now go beyond the reach of the backyard telescope with a little more science, but still no math! We will discuss exotic objects such as neutron stars and black holes. We will visit the topics of dark matter, dark energy and exoplanets. We will discuss the kind of astronomical science you can participate in using the equipment you already have, and as always, there will be class time to observe the night sky using telescopes, providing the skies are clear.

March 14, 28, April 4, and 11, 2022* Mondays, 6:00 p.m. – 9:00 p.m. (*no class March 21 due to Spring Break) Niceville, Bldg. 750, Observatory Fee \$80 CRN 50133



FITNESS & WELLNESS



NEW – Buti Yoga Instructor: Elizabeth Halle

Buti Yoga is a mixture of yoga, tribal and primal movements, and core activation done to trap/rap music. Come enjoy complete freedom of movement and the glorious feeling of self-acceptance in the moment.

January 11 – March 1, 2022 Tuesdays, 8:00 a.m. – 9:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50127

March 15 – May 10, 2022 Tuesdays, 8:00 a.m. – 9:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50128

Chair and Gentle Yoga Instructor: Jacquelyn Barbee

Yoga is for ALL BODIES! This yoga class is modified for those with physical challenges, chronic illness, seniors, disabilities, or anyone who doesn't feel comfortable in a regular yoga class. With props including a chair, we will explore how to find the pose that fits your body rather than forcing the body into a pose. Students can bring their own mats if desired.

January 12 – March 2, 2022 Wednesdays: 9:00 a.m. – 10:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50114

March 16 – May 11, 2022 Wednesdays: 9:00 a.m. – 10:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50115

Fitness Center Membership

Located at our Niceville Campus Wellness Center Fitness Facility 8 a.m. – 8:00 p.m. Monday – Friday Fee \$65 CRN 50134 Spring semester January 10 – May 15, 2022

NEW – Gentle Yoga Instructor: Jacquelyn Barbee

Gentle Flow Yoga is geared specifically to those new to yoga or those who are interested in a gentle practice. This class incorporates simple flowing sequences to warm up the body, as well as slower paced movements focusing on alignment, strength, balance, and flexibility. The class will flow through seated and standing postures and explore the use of props to find our most comfortable variation of the pose. No experience or flexibility required, but please bring a mat!

January 10 – February 28, 2022 Mondays, 9:00 a.m. – 10:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50102



NELLNESS, continuec

Meditation Instructor: Cecil Scalf

Meditation is our sanctuary for centering ourselves. Meditation is the center among our daily chaos and struggles, tuning body, mind, and spirit to that center. With as little as 20 minutes a day we can expand our states of consciousness, improve our focus, improve our health, allowing us to be happier, to improve our relationships, and to create more space in our lives. Our better self comes through meditation.

January 12 – March 2, 2022 Wednesdays, 5:00 p.m. – 6:00 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50111

March 16 – May 11, 2022 Wednesdays, 9:00 a.m. – 10:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50112

Pilates

Instructor: Elizabeth Halle

Looking for an opportunity to chat, laugh, and learn? This class is both Fun and Informative! It is ideal for beginner through intermediate students who want a safe and effective experience to build a solid Pilates foundation. Pilates is a form of low-impact exercise with the goal of strengthening muscles, posture and balance throughout the body. Students will learn to become aware of breathing patterns and spinal alignment. This will be a mat style class with added props, such as exercised bands and balls. Please wear comfortable clothes, bring along your workout mat and I'll meet you there!

January 13 – March 3, 2022 Thursdays, 8:00 – 9:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50090

March 17 – May 12, 2022 Thursdays, 8:00 – 9:00 a.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50124



Yoga

Instructor: Holly Solaas

Traditional hatha yoga practiced in a relaxed atmosphere. The practice sessions begin with a warming up period, then the practice of the asanas, followed by a few minutes of relaxation.

January 11 – March 1, 2022 Tuesdays, 4:45 p.m. – 5:45 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50098

January 13 – March 3, 2022 Thursdays, 4:45 p.m. – 5:45 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50099

March 15 – May 10, 2022 Tuesdays, 4:45 p.m. – 5:45 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50100

March 17 – May 12, 2022 Thursdays, 4:45 p.m. – 5:45 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50101

Zumba

Instructor: Rheann Dove

Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. How It Works - We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. We ditch the workout and we join the Party.

January 10 – February 28, 2022 Mondays, 5:30 – 6:30 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50092

January 14 – March 4, 2022 Fridays, 5:30 – 6:30 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50094

March 14 – May 9, 2022 Mondays, 5:30 – 6:30 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50095

March 18 – May 13, 2022 Fridays, 5:30 – 6:30 p.m. Niceville, Bldg. 200, Room 314 Fee: \$50 CRN 50097

FITNESS & WELLNESS, continued



SOUTH WALTON CENTER

Gentle Yoga

Instructor: Barbara Reynolds

This yoga program is recommended for beginning exercisers and/or active older adults. The essence of this yoga class is breathing, feeling, and listening to our bodies. We will focus on improving flexibility, joint mobility, posture, respiratory health, while improving our mind/ body. Emphasis will be on stretching, toning postures and letting go of judgment or competition towards others and ourselves. This program is safe, effective and exercise science-supported. Modifications can be implemented as needed. Please bring your own yoga mat.

January 12 – March 2, 2022 Wednesdays, 11:00 a.m. – 12:00 p.m. Boys & Girls Club, South Walton Fee: \$50 CRN 50103

March 16 – May 11, 2022 Wednesdays, 11:00 a.m. – 12:00 p.m. Boys & Girls Club, South Walton Fee: \$50 CRN 50104

Senior Pilates

Instructor: Barbara Reynolds

This class is safe and appropriate for the active older adult who wants to improve their strength and flexibility. We will focus on mindful breathing to achieve concentration in addition, control of our body as an integrated unit. Some of the benefits include preventing bone deterioration, improving posture, and boosting the immune system. In addition, it reduces stress, fatigue discomfort, restores natural balance, and improves sleeping and core stabilization. This class will be offered both in-person and virtual remote through Zoom. For in-person classes, no social distance is required if fully vaccinated. Class size will be limited to 15 people. Please bring your own matt. For virtual remote through Zoom, it is suggested that your computer or iPad is up to date. You will be sent a link to the class prior to the starting date. This link will allow you access to the class.

January 10 – February 28, 2022 Mondays, 3:20 p.m. – 4:20 p.m. Coastal Branch Library Fee: \$50 CRN 50107

March 14 – May 9, 2022 Mondays, 3:20 p.m. – 4:20 p.m. Coastal Branch Library Fee: \$50 CRN 50108

Senior Pilates, continued

January 10 – February 28 Mondays, 3:20 p.m. – 4:20 p.m. <mark>Zoom</mark>

Fee \$50 CRN 50135

*Registration for the CRN is for virtual attendance via Zoom. Link will be sent via email prior to the starting date of class.

March 14 – May 9 Mondays, 3:20 p.m. – 4:20 p.m. Zoom

Fee \$50 CRN 50136

*Registration for the CRN is for virtual attendance via Zoom. Link will be sent via email prior to the starting date of class.

Zumba Gold

Instructor: Barbara Reynolds

The Zumba program fuses hypnotic Latin rhythms and easy- to- follow moves to create a one-of-a-kind fitness program. Our goal is simple: we want you to want to work out, to love working out, and to want to continue to work out! The routines feature interval-training sessions, where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Zumba Gold is designed for active older adults or true beginners. It addresses the anatomical, physiological and psychological needs specific to these populations.

January 12 – March 2, 2022 Wednesdays, 10:00 a.m. – 11:00 a.m. Boys & Girls Club, South Walton Fee: \$50 CRN 50105

March 16 – May 11, 2022 Wednesdays, 10:00 a.m. – 11:00 a.m. Boys & Girls Club, South Walton Fee: \$50 CRN 50106





d2Go

Ed2Go is our Online Instruction Center offering a wide range of highly interactive courses led by expert instructors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes can be self-paced, or instructor led, just choose your best option. To register for Ed2Go classes visit: <u>www.ed2go.com/nwfsc</u> and enter in the course title you wish to take. If exploring through our online brochure, please click on the title of the course to go directly to the registration page. Payment and class registration must be done through the <u>www.ed2go.com/nwfsc site</u>.

ARTISTIC CORNER

Color Theory: This self-paced course will teach you the basics of working with color in web design. **\$79**

Introduction to Digital Scrapbooking: Make the most of your scrapbooking talents to show off your photos and memorabilia with digital scrapbooking. This course provides hands-on experience building scrapbook pages, using artistic journaling, and producing your own artwork with Photoshop Elements. **\$100**

Typography: This online, self-paced course will teach you the theory of typography and how to apply it to web design projects. **\$79**

BUSINESS

Accounting Fundamentals

If you want to increase your financial awareness and gain a marketable skill, this course is for you. You will learn the double-entry bookkeeping, financial transactions, financial reporting, and more. **\$115**

Business Budgeting for Beginners

This course will introduce different strategies employed during the budgeting process, the techniques and tools commonly used to make budgeting forecasts, the components of a basic operating budget, and how businesses make certain decisions that may impact their budgeted amounts. **\$115**

Start Your Own Small Business

Learn how to transform your passion and talent into a viable small business. This course will teach you about financing, marketing techniques, employee management, policy writing, and time management - everything you need to know to start your very own small business. **\$115**

Stocks, Bonds, and Investing: Oh My!

Learn the basics of stocks, bonds, and investing so you can be independent and confident about your financial decisions. This class will teach you how to prepare for retirement, manage your finances, and pay for college without the need for hiring a broker or financial advisor. \$100

BUSINESS, continued

Using Social Media in Business

Learn how to use the five most popular social media platforms-Facebook, Twitter, LinkedIn, Pinterest, and Instagram-to grow and promote your business. This course will help you harness the power of social media to connect with new customers, advertise products, and promote your brand. \$115

COMPUTERS & BEYOND

Computer Skills for the Workplace

Confidently apply for jobs knowing that you possess the computer skills needed to perform on the job. This course includes a great introduction to Windows 10 and Office 2016 to provide the fundamental computer competencies you need to prosper in a modern workplace. **\$115**

Intro to Microsoft Excel 2019/Office 365

If you work with data of any kind, knowing how to create a spreadsheet is key to effectively managing and organizing information. This course will introduce you to Microsoft Excel 2019 and teach you how to use this powerful software. \$129

Intro to Microsoft Word 2019/Office 365

Learn to create professional-looking letters, reports, and documents using Microsoft Word 2019/Office 365. This hands-on course will help you master the basic features of this powerful word-processing program to type, edit, and format text, and spell check and print documents like a pro. **\$129**

Intro to Windows 10

Master the basic skills you need to get the most from Windows 10 for both work and play. This course will help you learn to use this powerful new operating system, including customizing your desktop, managing files and folders, and navigating the Web with the new Microsoft Edge browser. **\$115**

Ed2Go, continued



HOBBIES

Blogging and Podcasting for Beginners: Learn how to create your very own blog and podcast using the tools that you already have available on your computer. **\$100**

Creating Web Pages: Learn the basics of HTML as you design, create, and post your very own website. This course will help you plan the content, structure, and layout of your website, create neatly formatted text, build links, and add color, graphics, and tables, as well as understand no-cost web marketing strategies and SEO. **\$115**

Genealogy Basics: Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family's past using several subscription-based websites that you will be able to access during the course. **\$100**

How to Get Started in Game Development: Takes steps toward a new career in game development by building a foundation to design games in a wide variety of genres for different audiences and platforms. \$115

Secrets of the Caterer: Discover how to put your cooking and party planning skills to work in an exciting and creative career as a caterer. Learn fundamentals of catering business including how to cook for large crowds, organize your kitchen, manage your time, and work with clients, as well as some great recipe ideas to jump-start your career. \$100

LANGUAGE & WRITING SKILLS

Get Funny: Gain the ability to create humor, an important skill that can open many doors. This course is filled with opportunities to laugh as you learn how to come up with jokes or witticisms on the fly, punch up dull material for an audience, or entertain friends and even make new ones. **\$100**

Instant Italian: Learn to express yourself comfortably in Italian. You'll be surprised how quickly and easily you are able to learn Italian in this course, which provides knowledge of practical, everyday words and phrases you are likely to hear if you vacation in Italy. **\$100**

Introduction to Internet Writing Markets: Learn the ins and outs of writing for the Internet from a professional writer. This course will help you discover the hundreds of choices you have when it comes to making money from your writing, and you'll leave with a publishing plan including next steps and markets that will help you achieve your goals. \$115 LANGUAGE & WRITING SKILLS, continued

Speed Spanish: Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time. **\$115**

Writeriffic: Creativity Training for Writers: Banish writer's block forever with these techniques from the published writer's toolbox. This course will show you how to liberate the imaginative, inventive genius that is inside of you and transform your visions into the written word. **\$100**

LIFE SKILLS

GRE Prep Series: Part 1 Verbal and Part 2 Quantitative.

This series takes you through all the question types and gives you pointers on time management, anxiety relief, scoring, and general standardized test-taking skills. **\$199**

Helping Elderly Parents

Discover how to appreciate and cherish your aging parents. This course will help you learn what to expect, what to watch for, how to deal with physical and emotional challenges, and where to find resources to help as your parent or loved one's transition into their golden years. \$100

Lose Weight and Keep it Off

Discover how to establish a healthy approach to weight loss and weight management. By the end of this course, you'll know how to set effective goals for eating, exercise, and many other elements that affect your weight, and be on your way to losing weight and keeping it off for good. **\$100**

Marriage and Relationships

Keys to Success: Learn how to build a solid foundation for your relationship that will last far beyond "I do." Through this course, you will gain key strategies for maintaining your relationship and great tips to help keep the love alive. **\$115**

Where Does All My Money Go?

Learn how to make conscious decisions about spending and saving so you can take full control of your financial future. This course will teach you the principles of investing, debt elimination, and retirement planning. **\$100**

SAT/ACT Prep Series

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This series will prepare you for both tests. **\$199**

NORTHWEST FLORIDA STATE COLLEGE Continuing Education Enrollment Form

Enrollment Information

There are 3 ways to enroll in Continuing Education, non-credit classes.

Online: Visit www.nwfsc.edu/raidernet (Returning students only!)

In-Person: Enroll in the Students Services area at these NWF State College Campus/Centers – Niceville, Fort Walton Beach, Crestview, DeFuniak Springs and South Walton. Fill in the form below. Payment can be made by cash or check at these locations.

Mail: Fill in the form below with required information. Mail the form and a check to: NWF State College, Continuing Education, 100 College Blvd. East, Niceville, FL 32578. SUBJECT TO CHANGE.

*Last Name:	*First Name:	Middle/Maiden:	
*Mailing Address:		*Phone Number:	
*City:		*State:	_*Zip Code:
*Email:			
*Date of Birth (mm/dd/yyyy):		Gender:	Male Female
Student I.D. #:			
Signature:			

*Required Fields

CRN#	Title	Date(s)	Time	Fee

ENROLL IN-PERSON for Continuing Education classes at the following NWF State College campus or centers. Northwest Florida State College, Niceville Campus, Raider Central, Student Services Center, 100 College Blvd. East, Niceville, FL 32578 Fort Walton Beach Campus, Business Office, Bldg. 1, 1170 Martin Luther King Jr. Blvd., Fort Walton Beach, FL 32547 Chautauqua Center, 908 U.S. Highway 90 West, DeFuniak Springs, FL 32433 Robert L. F. Sikes Education Center, 805 E. James Lee Boulevard (Highway 90), Crestview, FL 32539 South Walton Center, 109 Greenway Trail (off Hwy. 331 South), Santa Rosa Beach, FL 32459 Payment - To pay for a class, payment can be made by cash or check at these NWF State College Campus or Center Business Office locations. Payments can be made online with an echeck or credit card. Credit card payments will incur a 2.75% convenience fee.

Payments can be made online with an echeck or credit card. Credit card payments will incur a 2.75% convenience fee. For payment questions, please contact the NWF State College Business Office at 850-729-5385.

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