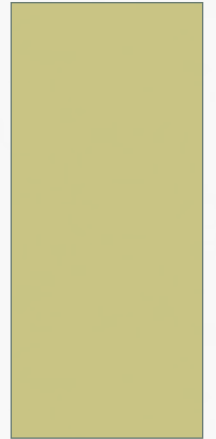




# THE GIST STRATEGY

GENERATING INTERACTIONS  
BETWEEN SCHEMATA & TEXT



# GIST

- GIST is a reading strategy that involves summarizing while you read.
- The GIST strategy helps you comprehend dense text.
- The following slides explain the strategy and provide a model for using the strategy.

# THE GIST STRATEGY

1. **Read the first & second** sentences of a paragraph
2. **Retell** the sentences in 10 or fewer words
3. **Continue** with the **same procedure** for the rest of the paragraph
4. **Summarize** the entire paragraph

Try the GIST Strategy with this paragraph.

### GIST

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## Newton's Law of Inertia

Newton's first law of motion is often stated as the law of inertia. It says that an object at rest tends to stay at rest and an object in motion tends to stay in motion with the same speed and in the same direction unless acted upon by an unbalanced force. There are two parts to this statement — one which predicts the behavior of stationary objects and the other which predicts the behavior of moving objects. The behavior of all objects can be described by saying that objects tend to “keep on doing what they're doing” unless acted upon by an unbalanced force. This means that all objects resist changes in their state of motion.

## GIST

Read the first & second sentences of the paragraph

Retell the sentences in 10 or fewer words

# Newton's Law of Inertia

Newton's first law of motion is often stated as the law of inertia. It says that an object at rest tends to stay at rest and an object in motion tends to stay in motion with the same speed and in the same direction unless acted upon by an unbalanced force. There are two parts to this

Example:

Newton's law of inertia states that the motion of an object will remain constant unless the force is disrupted in some way.

objects tend to "keep on doing what they're doing" unless acted upon by an unbalanced force. This means that all objects resist changes in their state of motion.

## GIST

1. **Read** the first & second sentences of the paragraph

2. **Retell** the sentences in 10 or fewer words

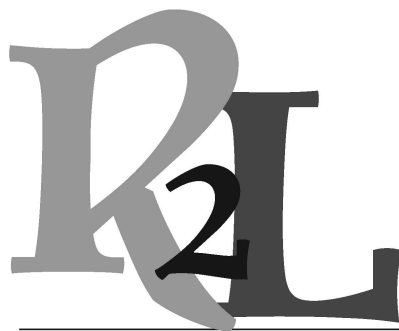
3. Keep going and then **summarize** the entire paragraph.

Entire paragraph summarized:

Newton's law of inertia states that all objects will remain inert if they are not moving and will continue moving if they are in motion unless some force acts upon them to make them change their state of motion.

# Newton's Law of Inertia

**Newton's first law of motion is often stated as the law of inertia. It says that an object at rest tends to stay at rest and an object in motion tends to stay in motion with the same speed and in the same direction unless acted upon by an unbalanced force. There are two parts to this statement — one which predicts the behavior of stationary objects and the other which predicts the behavior of moving objects. The behavior of all objects can be described by saying that objects tend to “keep on doing what they’re doing” unless acted upon by an unbalanced force. This means that all objects resist changes in their state of motion.**



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Reading • to • Learn

Northwest Florida State College  
Quality Enhancement Plan